

Discipleship Journal's

5^x5^x

Bible
Reading
Plan

Through the New Testament in
5 days a week, 5 minutes a day

5^x5
5^x

Discipleship Journal's

Bible Reading Plan

Through the New Testament in 5 days a week, 5 minutes a day

5 minutes a day | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh all year.

5 days a week | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

1. **Underline or highlight** key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.
2. **Put it into your own words.** Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
3. **Ask and answer some questions.** Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.
4. **Capture the big idea.** God's Word communicates big ideas. Periodically ask, What's the big idea in this sentence, paragraph, or chapter?
5. **Personalize the meaning.** When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: *How could my life be different today as I respond to what I'm reading*

JANUARY

Monday	2	Mark 1	<input type="checkbox"/>
Tuesday	3	2	<input type="checkbox"/>
Wednesday	4	3	<input type="checkbox"/>
Thursday	5	4	<input type="checkbox"/>
Friday	6	5	<input type="checkbox"/>
Monday	9	6	<input type="checkbox"/>
Tuesday	10	7	<input type="checkbox"/>
Wednesday	11	8	<input type="checkbox"/>
Thursday	12	9	<input type="checkbox"/>
Friday	13	10	<input type="checkbox"/>
Monday	16	11	<input type="checkbox"/>
Tuesday	17	12	<input type="checkbox"/>
Wednesday	18	13	<input type="checkbox"/>
Thursday	19	14	<input type="checkbox"/>
Friday	20	15	<input type="checkbox"/>
Monday	23	16	<input type="checkbox"/>
Tuesday	24	Acts 1	<input type="checkbox"/>
Wednesday	25	2	<input type="checkbox"/>
Thursday	26	3	<input type="checkbox"/>
Friday	27	4	<input type="checkbox"/>
Monday	30	5	<input type="checkbox"/>
Tuesday	31	6	<input type="checkbox"/>

FEBRUARY

Wednesday	1	Acts 7	<input type="checkbox"/>
Thursday	2	8	<input type="checkbox"/>
Friday	3	9	<input type="checkbox"/>
Monday	6	10	<input type="checkbox"/>
Tuesday	7	11	<input type="checkbox"/>
Wednesday	8	12	<input type="checkbox"/>
Thursday	9	13	<input type="checkbox"/>
Friday	10	14	<input type="checkbox"/>
Monday	13	15	<input type="checkbox"/>
Tuesday	14	16	<input type="checkbox"/>
Wednesday	15	17	<input type="checkbox"/>
Thursday	16	18	<input type="checkbox"/>
Friday	17	19	<input type="checkbox"/>
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Tuesday	21	21	<input type="checkbox"/>
Wednesday	22	22	<input type="checkbox"/>
Thursday	23	23	<input type="checkbox"/>
Friday	24	24	<input type="checkbox"/>
Monday	27	25	<input type="checkbox"/>
Tuesday	28	26	<input type="checkbox"/>
Wednesday	29	27	<input type="checkbox"/>

MARCH

Thursday	1	Acts 28	<input type="checkbox"/>
Friday	2	Hebrews 1	<input type="checkbox"/>
Monday	5	2	<input type="checkbox"/>
Tuesday	6	3	<input type="checkbox"/>
Wednesday	7	4	<input type="checkbox"/>
Thursday	8	5	<input type="checkbox"/>
Friday	9	6	<input type="checkbox"/>
Monday	12	7	<input type="checkbox"/>
Tuesday	13	8	<input type="checkbox"/>
Wednesday	14	9	<input type="checkbox"/>
Thursday	15	10	<input type="checkbox"/>
Friday	16	11	<input type="checkbox"/>
Monday	19	12	<input type="checkbox"/>
Tuesday	20	13	<input type="checkbox"/>
Wednesday	21	Galatians 1	<input type="checkbox"/>
Thursday	22	2	<input type="checkbox"/>
Friday	23	3	<input type="checkbox"/>
Monday	26	4	<input type="checkbox"/>
Tuesday	27	5	<input type="checkbox"/>
Wednesday	28	6	<input type="checkbox"/>
Thursday	29	James 1	<input type="checkbox"/>
Friday	30	2	<input type="checkbox"/>

APRIL

Monday	2	James 3	<input type="checkbox"/>
Tuesday	3	4	<input type="checkbox"/>
Wednesday	4	5	<input type="checkbox"/>
Thursday	5	Matthew 1	<input type="checkbox"/>
Friday	6	2	<input type="checkbox"/>
Monday	9	3	<input type="checkbox"/>
Tuesday	10	4	<input type="checkbox"/>
Wednesday	11	5	<input type="checkbox"/>
Thursday	12	6	<input type="checkbox"/>
Friday	13	7	<input type="checkbox"/>
Monday	16	8	<input type="checkbox"/>
Tuesday	17	9	<input type="checkbox"/>
Wednesday	18	10	<input type="checkbox"/>
Thursday	19	11	<input type="checkbox"/>
Friday	20	12	<input type="checkbox"/>
Monday	23	13	<input type="checkbox"/>
Tuesday	24	14	<input type="checkbox"/>
Wednesday	25	15	<input type="checkbox"/>
Thursday	26	16	<input type="checkbox"/>
Friday	27	17	<input type="checkbox"/>
Monday	30	18	<input type="checkbox"/>

MAY

Tuesday	1	Matthew 19	<input type="checkbox"/>
Wednesday	2	20	<input type="checkbox"/>
Thursday	3	21	<input type="checkbox"/>
Friday	4	22	<input type="checkbox"/>
Monday	7	23	<input type="checkbox"/>
Tuesday	8	24	<input type="checkbox"/>
Wednesday	9	25	<input type="checkbox"/>
Thursday	10	26	<input type="checkbox"/>
Friday	11	27	<input type="checkbox"/>
Monday	14	28	<input type="checkbox"/>
Tuesday	15	Romans 1	<input type="checkbox"/>
Wednesday	16	2	<input type="checkbox"/>
Thursday	17	3	<input type="checkbox"/>
Friday	18	4	<input type="checkbox"/>
Monday	21	5	<input type="checkbox"/>
Tuesday	22	6	<input type="checkbox"/>
Wednesday	23	7	<input type="checkbox"/>
Thursday	24	8	<input type="checkbox"/>
Friday	25	9	<input type="checkbox"/>
Monday	28	10	<input type="checkbox"/>
Tuesday	29	11	<input type="checkbox"/>
Wednesday	30	12	<input type="checkbox"/>
Thursday	31	13	<input type="checkbox"/>

JUNE

Friday	1	Romans 14	<input type="checkbox"/>
Monday	4	15	<input type="checkbox"/>
Tuesday	5	16	<input type="checkbox"/>
Wednesday	6	Ephesians 1	<input type="checkbox"/>
Thursday	7	2	<input type="checkbox"/>
Friday	8	3	<input type="checkbox"/>
Monday	11	4	<input type="checkbox"/>
Tuesday	12	5	<input type="checkbox"/>
Wednesday	13	6	<input type="checkbox"/>
Thursday	14	Philippians 1	<input type="checkbox"/>
Friday	15	2	<input type="checkbox"/>
Monday	18	3	<input type="checkbox"/>
Tuesday	19	4	<input type="checkbox"/>
Wednesday	20	Colossians 1	<input type="checkbox"/>
Thursday	21	2	<input type="checkbox"/>
Friday	22	3	<input type="checkbox"/>
Monday	25	4	<input type="checkbox"/>
Tuesday	26	Philemon 1	<input type="checkbox"/>
Wednesday	27	Luke 1	<input type="checkbox"/>
Thursday	28	2	<input type="checkbox"/>
Friday	29	3	<input type="checkbox"/>

JULY

Monday	2	Luke 4	<input type="checkbox"/>
Tuesday	3	5	<input type="checkbox"/>
Wednesday	4	6	<input type="checkbox"/>
Thursday	5	7	<input type="checkbox"/>
Friday	6	8	<input type="checkbox"/>
Monday	9	9	<input type="checkbox"/>
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Wednesday	25	21	<input type="checkbox"/>
Thursday	26	22	<input type="checkbox"/>
Friday	27	23	<input type="checkbox"/>
Monday	30	24	<input type="checkbox"/>
Tuesday	31	1 Corinthians 1	<input type="checkbox"/>

AUGUST

Wednesday	1	1 Corinthians 2	<input type="checkbox"/>
Thursday	2	3	<input type="checkbox"/>
Friday	3	4	<input type="checkbox"/>
Monday	6	5	<input type="checkbox"/>
Tuesday	7	6	<input type="checkbox"/>
Wednesday	8	7	<input type="checkbox"/>
Thursday	9	8	<input type="checkbox"/>
Friday	10	9	<input type="checkbox"/>
Monday	13	10	<input type="checkbox"/>
Tuesday	14	11	<input type="checkbox"/>
Wednesday	15	12	<input type="checkbox"/>
Thursday	16	13	<input type="checkbox"/>
Friday	17	14	<input type="checkbox"/>
Monday	20	15	<input type="checkbox"/>
Tuesday	21	16	<input type="checkbox"/>
Wednesday	22	2 Corinthians 1	<input type="checkbox"/>
Thursday	23	2	<input type="checkbox"/>
Friday	24	3	<input type="checkbox"/>
Monday	27	4	<input type="checkbox"/>
Tuesday	28	5	<input type="checkbox"/>
Wednesday	29	6	<input type="checkbox"/>
Thursday	30	7	<input type="checkbox"/>
Friday	31	8	<input type="checkbox"/>

SEPTEMBER

Monday	3	2 Corinthians 9	<input type="checkbox"/>
Tuesday	4	10	<input type="checkbox"/>
Wednesday	5	11	<input type="checkbox"/>
Thursday	6	12	<input type="checkbox"/>
Friday	7	13	<input type="checkbox"/>
Monday	10	1 Timothy 1	<input type="checkbox"/>
Tuesday	11	2	<input type="checkbox"/>
Wednesday	12	3	<input type="checkbox"/>
Thursday	13	4	<input type="checkbox"/>
Friday	14	5	<input type="checkbox"/>
Monday	17	6	<input type="checkbox"/>
Tuesday	18	2 Timothy 1	<input type="checkbox"/>
Wednesday	19	2	<input type="checkbox"/>
Thursday	20	3	<input type="checkbox"/>
Friday	21	4	<input type="checkbox"/>
Monday	24	Titus 1	<input type="checkbox"/>
Tuesday	25	2	<input type="checkbox"/>
Wednesday	26	3	<input type="checkbox"/>
Thursday	27	1 John 1	<input type="checkbox"/>
Friday	28	2	<input type="checkbox"/>

OCTOBER

Monday	1	1 John 3	<input type="checkbox"/>
Tuesday	2	4	<input type="checkbox"/>
Wednesday	3	5	<input type="checkbox"/>
Thursday	4	2 John 1	<input type="checkbox"/>
Friday	5	3 John 1	<input type="checkbox"/>
Monday	8	1 Peter 1	<input type="checkbox"/>
Tuesday	9	2	<input type="checkbox"/>
Wednesday	10	3	<input type="checkbox"/>
Thursday	11	4	<input type="checkbox"/>
Friday	12	5	<input type="checkbox"/>
Monday	15	John 1	<input type="checkbox"/>
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Thursday	18	4	<input type="checkbox"/>
Friday	19	5	<input type="checkbox"/>
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Wednesday	24	8	<input type="checkbox"/>
Thursday	25	9	<input type="checkbox"/>
Friday	26	10	<input type="checkbox"/>
Monday	29	11	<input type="checkbox"/>
Tuesday	30	12	<input type="checkbox"/>
Wednesday	31	13	<input type="checkbox"/>

NOVEMBER

Thursday	1	John 14	<input type="checkbox"/>
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Monday	5	16	<input type="checkbox"/>
Tuesday	6	17	<input type="checkbox"/>
Wednesday	7	18	<input type="checkbox"/>
Thursday	8	19	<input type="checkbox"/>
Friday	9	20	<input type="checkbox"/>
Monday	12	21	<input type="checkbox"/>
Tuesday	13	1 Thessalonians 1	<input type="checkbox"/>
Wednesday	14	2	<input type="checkbox"/>
Thursday	15	3	<input type="checkbox"/>
Friday	16	4	<input type="checkbox"/>
Monday	19	5	<input type="checkbox"/>
Tuesday	20	2 Thessalonians 1	<input type="checkbox"/>
Wednesday	21	2	<input type="checkbox"/>
Thursday	22	3	<input type="checkbox"/>
Friday	23	2 Peter 1	<input type="checkbox"/>
Monday	26	2	<input type="checkbox"/>
Tuesday	27	3	<input type="checkbox"/>
Wednesday	28	Jude 1	<input type="checkbox"/>
Thursday	29	Revelations 1	<input type="checkbox"/>
Friday	30	2	<input type="checkbox"/>

DECEMBER

Monday	3	Revelations 3	<input type="checkbox"/>
Tuesday	4	4	<input type="checkbox"/>
Wednesday	5	5	<input type="checkbox"/>
Thursday	6	6	<input type="checkbox"/>
Friday	7	7	<input type="checkbox"/>
Monday	10	8	<input type="checkbox"/>
Tuesday	11	9	<input type="checkbox"/>
Wednesday	12	10	<input type="checkbox"/>
Thursday	13	11	<input type="checkbox"/>
Friday	14	12	<input type="checkbox"/>
Monday	17	13	<input type="checkbox"/>
Tuesday	18	14	<input type="checkbox"/>
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Thursday	20	16	<input type="checkbox"/>
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Wednesday	26	20	<input type="checkbox"/>
Thursday	27	21	<input type="checkbox"/>
Friday	28	22	<input type="checkbox"/>

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