

costs

There is a monthly fee of \$25 which goes toward helping the ministry be self-sustaining, covering costs that are incurred regarding special events, certifications, equipment, etc. There are discounts available for multiple members of the same family attending. For the youth, the fee also includes the cost for uniforms as children grow to a need a larger size.

certification

All rankings will be certified under an international Christian ranking organization, the Gospel Martial Arts Union (www.gmau.org).

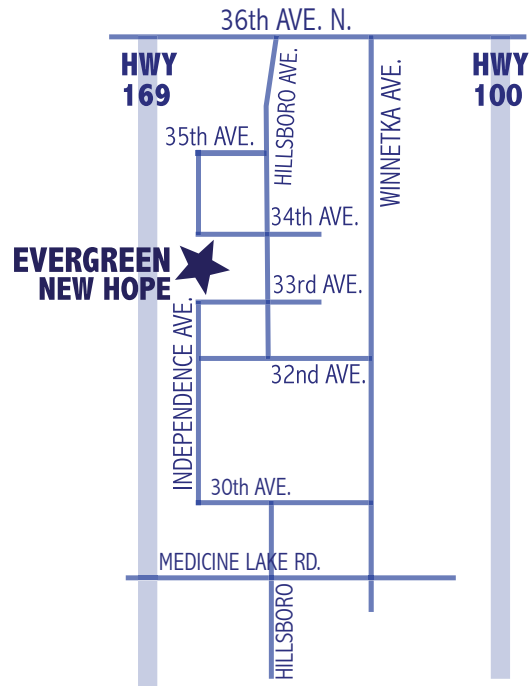
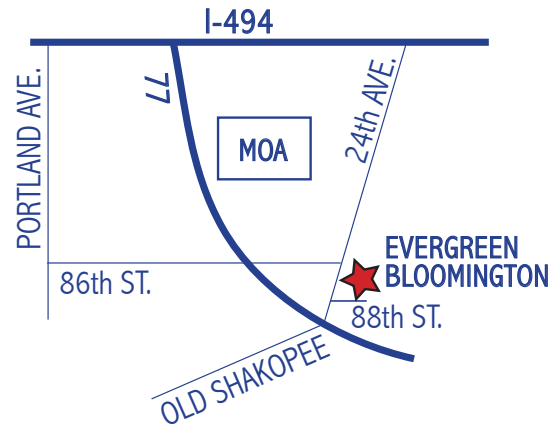
contact

Classes taught by:
Sensei Steve Brown
2nd Degree Black Belt
952-807-3103, meharre@gmail.com

Sensei Summer Peterson
1st Degree Black Belt
952-253-2222, rosekid369@aol.com

Sensei Steve Mohror
1st Degree Black Belt
612-729-6123,
steveandalicemohror@gmail.com

locations



learn martial arts
from a biblical
perspective

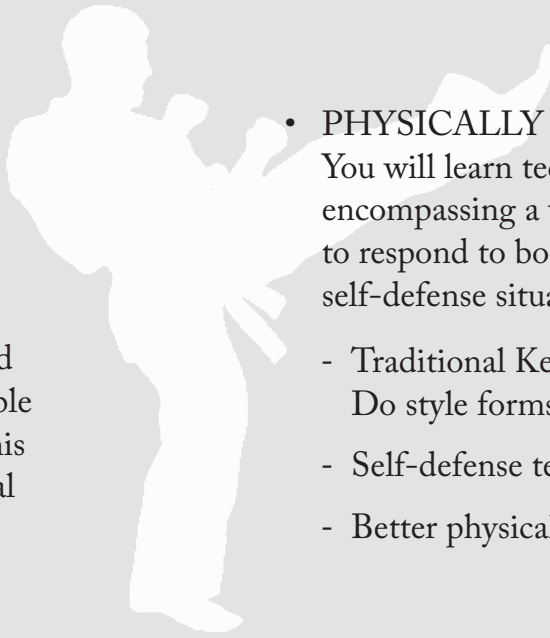


ADMINISTRATIVE OFFICE
952-895-1773 | www.evergreenchurch.com
2300 E. 88th Street, Bloomington, MN 55425



THE MASTER'S WARRIORS

Our goal is to train and equip students in physical, mental and spiritual character traits to enable them to be successful in life. This program blends styles of martial arts that will equip you in the following three areas:



- **PHYSICALLY**
You will learn techniques encompassing a variety of ways to respond to both difficult and self-defense situations.
 - Traditional Kenpo/Tae Kwon Do style forms
 - Self-defense techniques
 - Better physical conditioning

- **MENTALLY**
Grow in character traits like confidence, self-control and perseverance.
- **SPIRITUALLY**
As part of every belt level, there will be spiritual requirements such as Bible verse memorization.

who can participate

The minimum age of the youth class is 7 years old or currently 1st grade and the adult class is 11 years old or in 5th grade. Both men and women are welcome. Class is an open enrollment style, which means you are free to start at any time. Bring a friend or a family member; it's always more enjoyable to team up with someone in a new experience.

what to bring

Please wear loose fitting clothes. Also, bring along a Bible and notebook.

where and when

YOUTH/ADULT CLASS
THURSDAYS @ BLOOMINGTON
Evergreen Church-Bloomington located at 2300 East 88th Street in Bloomington, MN. We meet on Thursday starting at 6:30 pm.

ADULT CLASS
MONDAYS @ NEW HOPE
Evergreen Church-New Hope at 3351 Independence Avenue North in New Hope, MN. This location is on Monday, also starting at 6:30 pm.

Plan on showing up early so you are ready to start at 6:30 pm. Both classes can involve up to a two hour in-class time commitment.

